

TUCKER'S —TORCH—

NH GRIEF RESOURCE LIST

GENERAL GRIEF SUPPORT

HOME HEALTHCARE, HOSPICE & COMMUNITY CENTER (HCS)

FREE 6-WEEK GRIEF SUPPORT GROUP FOR ANYONE GRIEVING THE LOSS OF A LOVED ONE

 [HCSSERVICES.ORG](https://www.hcsservices.org)

 [603-352-2253](tel:603-352-2253)

 312, MARLBORO ST,
KEENE NH

GENERAL GRIEF SUPPORT

GRIEFSHARE

THROUGH THIS 13-WEEK GROUP, YOU'LL DISCOVER WHAT TO EXPECT IN THE DAYS AHEAD AND WHAT'S "NORMAL" IN GRIEF.

 [FIND.GRIEFSHARE.ORG](https://www.findgriefshare.org)

 [800-395-5755](tel:800-395-5755)

 TBD

SUPPORT AFTER CHILD LOSS

THE COMPASSIONATE FRIENDS

FREE LOSS SUPPORT GROUP - FIND YOUR LOCAL CHAPTER



[WWW.COMPASSIONATEFRIENDS.ORG/
FIND-SUPPORT/CHAPTERS/CHAPTER-
LOCATOR/](https://www.compassionatefriends.org/find-support/chapters/chapter-locator/)

SUPPORT AFTER CHILD LOSS

UNITED PARISH OF WINCHENDON

FREE CHILD LOSS SUPPORT GROUP - MEETS 2ND SATURDAY OF EACH MONTH



 39 FRONT STREET,
WINCHENDON, MA

SUPPORT AFTER SUICIDE LOSS

THE SAMARITANS - A SAFE PLACE SUPPORT GROUP

PROVIDING A PLACE FOR LOSS SURVIVORS TO GIVE AND RECEIVE COMFORT FROM THEIR LOSS OF A LOVED ONE TO SUICIDE

 [WWW.SAMARITANSNH.ORG/
SUPPORT-GROUPS/](https://www.samaritansnh.org/support-groups/)

 [603-357-5510](tel:603-357-5510)

 103 ROXBURY ST,
SUITE 304, KEENE,
NH

PEER SUPPORT

MONADNOCK PEER SUPPORT

OFFERS 30+ PEER SUPPORT GROUPS WEEKLY

 [HTTP://WWW.MONADNOCKPSA.
ORG](http://www.monadnockpsa.org)

 [603-352-5093](tel:603-352-5093)

 15 CYPRUS ST,
KEENE, NH

TUCKER'S —TORCH—

NH GRIEF RESOURCE LIST

SUPPORT AFTER SUICIDE LOSS

FRIENDS FOR SURVIVAL

VIRTUAL SUPPORT GROUPS FOR ANYONE AND EVERYONE GRIEVING A SUICIDE LOSS



[HTTPS://FRIENDSE
ORSURVIVAL.ORG/
MEETINGS](https://friendseorsurvival.org/meetings)



VIRTUAL

SUPPORT AFTER SUBSTANCE LOSS

GRASP (GRIEF RECOVERY AFTER SUBSTANCE PASSING)

OFFERS GROUPS, RESOURCES, AND MAILING LISTS FOR INDIVIDUALS WHO HAVE LOST SOMEONE TO SUBSTANCE USE



[HTTPS://GRASPHELP.ORG/M/](https://grasphehelp.org/m/)

SUPPORT AFTER SUICIDE LOSS

SURVIVORS OF SUICIDE LOSS

A PLACE TO FIND UNDERSTANDING, CONNECTION, AND HOPE



[HTTPS://WWW.SOSLNH.ORG/
FIND-SUPPORT#GROUPS](https://www.soslnh.org/find-support#groups)



NASHUA &
MERRIMACK

SUPPORT FOR GRIEVING CHILDREN

FRIENDS OF AINE

NEW HAMPSHIRE'S ONLY NONPROFIT DEDICATED SOLELY TO SUPPORTING CHILDREN, TEENS, YOUNG ADULTS AND FAMILIES GRIEVING THE DEATH OF A LOVED ONE



[FRIENDSOFAINE.COM](http://friendsofaine.com)



[603-669-1120](tel:603-669-1120)



226 COOLIDGE AVE.
MANCHESTER, NH

SOUTHERN NH GRIEF CAMP

COMFORT ZONE CAMP

THIS PROGRAM SERVES CHILDREN AGES 7-17 (18 IF STILL IN HIGH SCHOOL) WHO HAVE LOST A PARENT, GUARDIAN, SIBLING, OR FRIEND.



[HTTPS://COMFORTZONECAMP.
ORG/EVENT/NEW-HAMPSHIRE-
WEEKEND-CAMP-PROGRAMS-
FOR-AGES-7-17/](https://comfortzonecamp.org/event/new-hampshire-weekend-camp-programs-for-ages-7-17/)



BROOKLINE, NH

FOR ADDITIONAL SUPPORT GROUPS

NAMI NEW HAMPSHIRE OFFERS GROUPS IN PERSON AND VIRTUALLY THAT ARE FACILITATED BY A TRAINED LEADER WITH LIVED EXPERIENCE WHO IS A FAMILY MEMBER, PARENT/CAREGIVER, PERSON IN RECOVERY FROM A MENTAL HEALTH CONDITION, OR PERSON WHO HAS LOST A LOVED ONE TO SUICIDE.



[WWW.NAMINH.ORG/
SUPPORT-GROUPS/](http://www.namih.org/support-groups/)