



CRISIS RESPONSE RESOURCES
FOR TEENS NC

988

**SUICIDE & CRISIS
LIFELINE**

988Lifeline

Free, quality, one-on-
one assistance
Available 24/7

TEXT
741741
FREE, 24/7

Crisis Text Hotline
available 24/7

Text : HOME

 **Peer Warmline**
1-855-Peers NC
Call someone who understands 24/7



Peer Warmline NC

Connect to someone who
has personal experiences

SAMHSA
Substance Abuse and Mental Health
Services Administration

SAMHSA National Helpline

24/7 free and confidential

 **RHA**
HEALTH SERVICES

RHA Health Services
(844) 709-4097

Provides 24 hours a day, 7
days a week mobile crisis
response, stabilization, and
short term support.

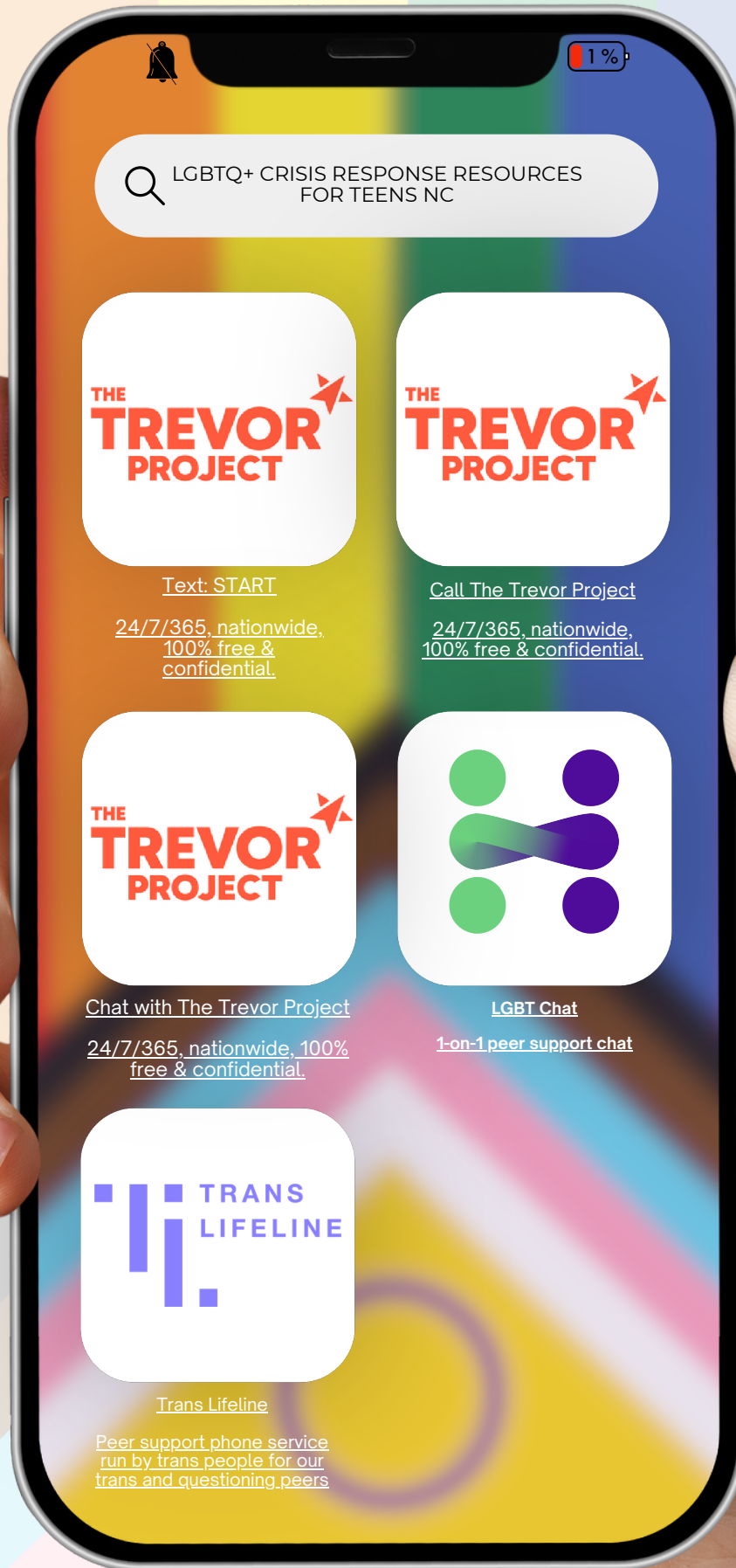


Integrated Family Services PLLC
910-939-6575

Provides behavioral health services
for children, teens, adults, and
families. Services vary by program
and level of need.

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