

CRISIS RESPONSE RESOURCES FOR TEENS



988

988Lifeline

Free, quality, one-on-one assistance
Available 24/7

833-710-6477

NH Rapid Response
Access Point

Available 24/7 for
mental health and
substance use crises



741741

Text : HOME

Suicide hotline
available 24/7 for
anxiety, depression,
bullying.

1-800-662-4357

SAMHSA National Helpline

24/7 free and confidential
treatment referral and
information about mental
and substance use
disorders, prevention, and
recovery.

211

The Doorways offer
assistance with
accessing every level
of treatment



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LGBTQ+ CRISIS RESPONSE RESOURCES FOR TEENS



678-678

Text: START

The Trevor Project services are 24/7/365, nationwide, 100% free & confidential.



1-866-488-738

The Trevor Project services are 24/7/365, nationwide, 100% free & confidential.

CHAT

The Trevor Project services are 24/7/365, nationwide, 100% free & confidential.

LGBT CHAT

Mon - Fri:

11 am - 8 PM/pacific time

2 PM - 11 PM/eastern time

Sat:

9 AM - 2 PM/pacific time

Noon - 5 PM/eastern time



**MONADNOCK
PEER SUPPORT**

Providing a safe place for people with mental differences.

Click above to be directed to the calendar of support groups



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